

The Dentist's Role in Snoring and Sleep Apnea

To Register

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The Dentist's Role in Snoring and Sleep Apnea

Please check off the location you would like to register for.

- | | |
|---|-----------------------|
| <input type="checkbox"/> New York, NY | October 14 & 15, 2011 |
| <input type="checkbox"/> Chicago, IL | January 14 & 15, 2012 |
| <input type="checkbox"/> Atlanta, GA | February 3 & 4, 2012 |
| <input type="checkbox"/> Philadelphia, PA | April 13 & 14, 2012 |
| <input type="checkbox"/> Las Vegas, NV | May 18 & 19, 2012 |



SNORING

INSOMNIA



- Diagnosis**
- Hospital Sleep Study*
 - Pharyngometer*
 - Rhinometer*
 - Oral Exam*
- Treatment**
- Oral Appliances*
 - CPAP*
 - Surgery*

Doctor's Name: _____
 Staff Name(s): _____
 Address: _____ City: _____
 Prov/State: _____ Country: _____ Postal/Zip: _____
 Phone: (_____) _____ Fax: (_____) _____
 Email: _____
 Visa Mastercard
 Credit Card #: _____ Exp: _____ / _____
 Signature: _____

The Dentist's Role in Snoring and Sleep Apnea

Are your patients suffering from snoring and sleep apnea?
Learn how to identify the patients who are already in your practice who need your help.

Course Objectives

In this course, you will gain basic step-by-step information on snoring and sleep apnea. Dr. Rondeau will provide you with a clear understanding of this disorder so you will be able to communicate effectively with patients as well as medical professionals, including sleep specialists, regarding snoring and sleep apnea.

American Association of Sleep Medicine Position on Oral Appliances

In the medical journal Sleep (January 2006 issue) the American Academy of Sleep Medicine (sleep specialists) recommended that oral appliances are the number one option for patients with mild to moderate sleep apnea (OSA, Obstructive Sleep Apnea). CPAP devices are the number one option for patients with severe OSA. Therefore, an overnight sleep study is necessary to establish the diagnosis of mild, moderate or severe OSA before treatment can be initiated.

Relationship Between Snoring & Sleep Apnea

Dentists are legally allowed to treat patients who snore but do not have sleep apnea. The fact is that the majority of patients who snore also have sleep apnea. The problem is that sleep apnea is a serious medical disorder that can predispose the patient to high blood pressure, heart attacks, strokes, type 2 diabetes, and acid reflux. The diagnosis of sleep apnea can only be made by a medical practitioner in a sleep clinic after the patient has had an overnight sleep study (polysomnogram).

Relationship Between Dentist & Medical Professional

This course will emphasize how to establish relationships with medical professionals (sleep specialists) in the sleep clinics who work with the dentist to help prevent snoring and sleep apnea.

Importance of This Course

Dentists must be knowledgeable in the area of sleep dentistry regarding the three ways to treat including the CPAP device, oral appliances and surgery. Also, they must be knowledgeable in understanding the different types of apnea, different stages of sleep, how to interpret sleep studies, how to conduct a thorough examination of the patient, and how to send appropriate reports to sleep specialists.

This course will cover all of these topics. When you meet with the sleep specialist, you will be more knowledgeable in this area so that the sleep specialist will be encouraged to work with you.

CPAP Compliance

The CPAP device consists of a nose piece and an air compressor. The air is forced through the nose all night in an effort to open the airway to prevent snoring and sleep apnea (OSA). While 100% effective in eliminating OSA when worn at night, the compliance rate is estimated to be approximately 40% after one year. Compliance seems to be much less in patients that have mild to moderate sleep apnea. Therefore, 60% of patients are estimated to be non-compliant. This means there are a large number of patients in your area that might be excellent candidates for an oral appliance.



Pharyngometer



Rhinometer

Prevalence of Snoring

Some studies suggest that 52% of patients over age 40 snore.

Prevalence of OSA

Some sleep specialists have reported that as many as 20% of adults may be suffering from OSA and the majority are undiagnosed.

Practical Course

Dr. Rondeau will show you many cases from start to finish, including diagnostic records and diagnostic devices such as the pharyngometer for evaluating the pharyngeal airway, the rhinometer for evaluating the nasal airway, and the Embletta 100 (home sleep study device). He will also show you a variety of oral appliances, including the three appliances that he prefers to use in the majority of his cases. After seeing a number of cases treated successfully with oral appliances, the course participants will be more encouraged to start cases.

Increased Profitability of Practice

At the present time, our practice treats approximately 10 patients per month. (Fee is approximately \$3,000 per patient including records.)

Course Manual & Articles on Sleep Apnea

This course is accompanied by an extensive course manual as well as several articles from the sleep literature to help the course participant understand this important subject more thoroughly.



EMA



Dorsal

Course Content

- Sleep Apnea Symptoms and Causes
- Sleep Examinations and Forms
- Hospital Sleep Studies (Polysomnogram)
- Home Sleep Study - Embletta 100
- Pharyngometer to Evaluate Pharyngeal Airway
- Rhinometer to Evaluate Nasal Airway
- Different Sleep Cycles
- Summary of Sleep Disorders
- CPAP – Continuous Positive Air Pressure
- Surgical Solutions for Sleep Apnea
- Comparison of Different Oral Appliances
- References and Articles
- Marketing Your Sleep Practice
- Sample Reports to Sleep Specialists, MD's, Dentists, and E.N.T.'s
- How to Bill Insurance Companies



Course Fee

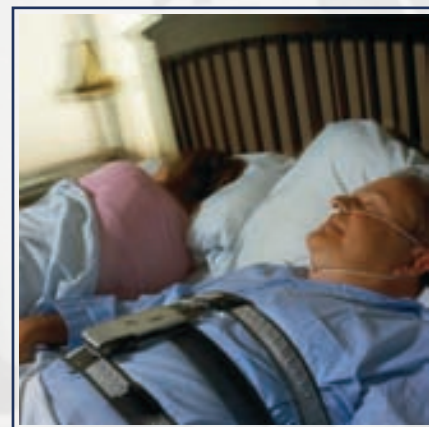
Doctors - \$995
Course Fee includes extensive course manual and a CD of sleep medicine articles.
Earn 14 CE hours.

Register early, seating is limited to 40 doctors!

2011 - 2012 Course Dates & Locations

New York, NY	October 14 & 15, 2011
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Staff sleep courses are available on the same dates as the doctor course, call for details.



Overnight Home Sleep Study
Embletta 100